

## SYLLABUS FORM

**Workshop Title:** (limit to 4 words)

**Teachers These Days ~ book study #18**

**Instructor(s)**

**Lindsey Brewer & Lori Keleher**

**Workshop Description:**

Teachers show up in different form and in many chapters of a child's life. Teaching is literacy and numeracy but, most importantly it's showing up with your whole heart. It's walking kids – and yourself – through the hardest conversations about trauma, loss, grief, racism, or violence. As we work to piece together our education system in the fallout from global pandemic, the focus must be on the teacher. If the people in charge – those teachers – aren't OK, the students don't stand a chance. In this book, Dr. Jody Carrington and Laurie McIntosh bring together theory and practice, weaving the science of human development with real-life stories and tangible strategies. This book is for those who need a place to land when they want to be reminded that, simply by the choice of their profession, they are a powerful force in shaping our world.

**Workshop Objectives** (What should participants know or be able to do upon completion of this workshop?)

**Upon completing this book study, you will be able to...**

- ...reconnect to the reason you became a teacher & identify, beyond grade level & subject matter, what kind of teacher you are.
- ...define "lid-flip" and "light-up" in order to mitigate lid-flips and initiate light-ups in the classroom.
- ...investigate trauma in the classroom and find ways navigate its waves.
- ...model empathy and teach specific empathic behaviors to students.
- ...implement strategies to repair rupture relationships.

**Evaluation Criteria:** (Include brief description of required assignments and evaluation methodology.)

Participants will be required to read the book, take 5 quizzes, watch 4 videos, and make 9 blog posts. Grades will be determined by quiz scores and post quality. Quizzes will count for 50% of the final grade; blog posts, the other 50%.

**Quiz 1: the Introduction of Teachers These Days**

**Blog Post 1** Co-author Laurie MacIntosh and her husband Cody went on a ten-month giving spree. While you may not have hundreds of thousands of dollars from Ellen to give away, can you see yourself going on a giving spree? What can you give? How will you do it? List all the details!

**Video 1:** [It's Not What You Teach, It's What Kind of Teacher You Are](#) -Gregory Chahrozian

**Blog Post 2:** "Perception is a powerful tool. Students will learn more from you than opening a book." What do you hope your students are learning from you? (Your answer should not contain content-related examples such as, 'I'm a math teacher so I hope my students are learning math from me.') What do your students learn by watching you? What did you learn simply by observing some of your own teachers, both the good and the bad?

**\*Quiz 2:** Chapters 1 & 2: A Reconnection Revolution & Taming the Crazy by Getting Crazy

**Blog Post 3:** Who is your 'Colleen'? Explain.

**Video 2** [Dr. Jody Carrington @ Elevate 2022](#)

**Blog Post 4:** How can you make sure every single one of your students feels 'seen'? How can you make sure your colleagues feel 'seen'? Who else needs you to see them just as they are?

**\*Quiz 3:** Chapters 3 & 4: How We See Them & Trauma in the Classroom

**Blog Post 5:** We all have an instructional toolkit, but what is in your *connection* toolkit?

**Video 3:** [How Do You Teach Empathy?](#) -Jonathan Juravich

**Blog Post 6:** How can you teach empathy?

**\*Quiz 4:** Chapters 5 & 6: Braving the Waves of Grief & Reconnection: What Works & What Doesn't

**Blog Post 7:** List 3 colleagues you would like to reconnect with in the next month. Don't give their real names, but after you take a mental inventory regarding your relationship with each of them, identify what you know and what you'd like to learn about them.

**Video 4:** [Laughter & Levity: Why You Should Be Smiling More](#) -Dr. Michael Cundall Jr.

**Blog Post 8:** "...research is also beginning to show that the presence of laughter and humor and play in our lives basically takes a nosedive when we reach about the age of 23..." "Is there enough humor, laughter, and play in your classroom? ...in your staff room? ...at your staff meetings? ...at school events?" If not, how can you bring more? If so, share tips on how to add humor, laughter, and play in your classroom, in your staff room, at staff meetings, and at school events.

**\*Quiz 5:** Chapter 7: Repairing Ruptured Relationship & the Conclusion of Teachers These Days

**Blog Post 9:** Design your own Kindness Mission. Share your plan here.