

## SYLLABUS FORM

**Workshop Title:** (limit to 4 words)

**Truth For Teachers podcast exploration**

**Instructor(s)**

**Lindsey Brewer & Lori Keleher**

**Workshop Description:**

Truth for Teachers is designed to speak life, encouragement, and truth into the minds and hearts of educators and get you energized. We delve deeply into the topics of mindset, unpacking personal bias, habits for strong mental health, and overall teacher well-being. This course is divided into 3 parts. In Bring Your "A" Game, educators will learn how to prevent burnout, to humanize the classroom, to engage reluctant learners, and to raise expectations. In Play Your Cards Right, educators will learn how to differentiate parent communication, set boundaries, and communicate more effectively. The importance of being your authentic self in the classroom is also explored. In Win Day By Day, educators will learn about The Weekend Effect, debunk 4 myths, and discuss 10 sticky situations in schools. Finally, educators will be reminded to give conscious recognition to all of the good things that are happening.

**Workshop Objectives** (What should participants know or be able to do upon completion of this workshop?)

Participants will...

...try out three methods designed to improve concentration and evaluate comprehension when listening to podcasts; including, SketchNotes, MindMaps, and One-Pagers.

...learn to bring their "A" game to the classroom by preventing burnout, humanizing the classroom, engaging reluctant learners, and raising expectations. ...learn to play their cards right by differentiating parent communication, setting boundaries, communicating more effectively, and recognizing the value of being your authentic self.

...learn to win day by day by considering The Weekend Effect, debunking 4 myths, discussing 10 sticky situations in school, and giving conscious recognition to all of the good things going on.

....define specific goals and action plans to implement changes that positively impact student learning, teaching practices and school communities.

**Evaluation Criteria:** (Include brief description of required assignments and evaluation methodology.)

To earn credit for this course, participants will...

\*post 3 documents summarizing the selected podcast episodes (1 document for each course focus) on the class Padlet page ~ 60% of final grade \*complete the final exam using Google Forms ~ 40% of the final grade

**Course Introduction**

Assignment 0.1 Watch Lindsey & Lori's video introduction to this course on YouTube. This video explains the what, how, and why of a podcast exploration and covers the requirements of the course.

Assignment 0.2 Watch the YouTube video What Is Sketchnoting? This video describes how to make a SketchNote, an option for the required assignments. Assignment 0.3 Watch the YouTube video Mind Mapping. This video describes how to make a Mind Map, an option for the required assignments. Assignment 0.4 Watch the YouTube video One-Pager Example. This video describes how to make a One-Pager, an option for the required assignments.

**Course Focus #1: Bring your A Game**

Assignment 1.1 Listen to the Truth for Teachers podcast episode #233: 5 ways to prevent burnout by bringing more playfulness to your classroom Assignment 1.2 Listen to the Truth for Teachers podcast episode #206 How to humanize your classroom so kids are known, value, respected, and safe Assignment 1.3 Listen to the Truth for Teachers podcast episode #191 How to motivate and engage reluctant learners

Assignment 1.4 Listen to the Truth for Teachers podcast episode #157 The Warm Demander: How to raise expectations & have students rise to meet them. Assignment 1.5 Create your own SketchNote, MindMap, or One-Pager that summarize the content of these four episodes in our 1st course focus. Post your document on our Padlet Page, Bring your "A" Game.